

# 2019 AWARD RECIPIENTS

## OUTSTANDING ACHIEVEMENT

### NorthShore University HealthSystem, Evanston

*Enhanced Recovery After Surgery: A System Strategy to Reduce Opioid Use and Improve Outcomes*

By implementing an Enhanced Recovery After Surgery (ERAS) model, NorthShore University HealthSystem improved efficiency and clinical outcomes while reducing opioid use for five surgical procedures. NorthShore replaced traditional practices with evidence-based practices, engaging physicians as essential partners.

Transforming the system's approach to surgical care has resulted in:

- ▶ 50% of affected patients discharged with no opioid medications;
- ▶ 75% reduction in morphine milligram equivalents;
- ▶ 1,938-day reduction in hospital length of stay; and
- ▶ \$4.4 million in cost savings.

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## INNOVATIONS IN CARE AND QUALITY

### Advocate Sherman Hospital, Elgin

*Mobile Integrated Healthcare: A Free Program for High-Risk Patients to Prevent Readmissions*

The first-of-its-kind program approved in Illinois, the Advocate Sherman Mobile Integrated Health (MIH) program deploys specially trained paramedics into the community to support patients in managing their chronic

conditions. Community paramedicine is a relatively new and evolving healthcare model. It allows paramedics and emergency medical technicians (EMTs) to assist with primary healthcare and preventive services in patients' homes.

As a result of this program, Advocate Sherman saw:

- ▶ 57% fewer readmissions;
- ▶ 29% fewer ED visits; and
- ▶ \$2.7 million in cost savings.

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## PATIENT AND FAMILY ENGAGEMENT

### Garfield Park Behavioral Hospital, Chicago

*Reducing Readmissions Through Community Involvement, Staff Training and Individualized Programs*

With a focus on at-risk populations, Garfield Park Behavioral Hospital created a specialized inpatient unit for LGBTQ adolescents and a service line for adolescent victims of sex trafficking. Current and former patients were on the diverse project team that developed clinical programs around patients' cultural traditions, personal preferences and values, family situations, and lifestyles.

These unique programs ensure patients are an integral part of their care team. As a result:

- ▶ Readmissions decreased 14.5% in 2018; and
- ▶ Patient outcomes and satisfaction improved.

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# 2019 AWARD RECIPIENTS



## **SMALL AND RURAL**

### **Taylorville Memorial Hospital, Taylorville**

*Go Steady: A Community-Based Prevention Initiative Results in a 67% Reduction in Patient Falls*

Taylorville Memorial Hospital implemented a fall prevention program to reduce falls in the community through education, screening and post-screening interventions. Led by the hospital, this community-based approach established clinical guidelines and effective strategies to reduce fall risk at local assisted living facilities, independent senior communities and patient homes.

As a result of this program:

- ▶ Monthly falls decreased by 67%; and
- ▶ Care coordination increased across multiple care partners, including families, patient care providers, physicians and the assisted living community.

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## **SMALL AND RURAL**

### **HSHS St. Joseph's Hospital – Breese**

*Our Journey to Zero Surgical Site Infections*

To decrease surgical site infections (SSIs), HSHS St. Joseph's Hospital – Breese conducted a hospital-wide risk assessment of infection prevention practices. This initiative focused on:

- ▶ Collaborating with general surgery providers on patient education for pre- and post-operative care;
- ▶ Elevating infection control risk assessments during construction projects; and
- ▶ Implementing pre-operative skin preparation protocols for high-risk patients.

As a result:

- ▶ The SSI rate fell from 1.16 in 2017 to 0.34 in 2018; and
- ▶ Physicians and staff are more engaged in promoting patient safety.

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Thank you for your work  
to advance quality care.

**57**  
PROJECTS

## **JOIN YOUR FELLOW MEMBERS IN 2020**

IHA applauds the quality improvement efforts and successes of all 57 hospitals and health systems that submitted projects to this year's Quality Awards. We encourage all IHA members to participate in the **2020 IHA Quality Excellence Awards** and the **2020 IHA Quality Advocacy Showcase**.