



ILLINOIS
GOVERNOR'S CHALLENGE
Preventing Suicide Among Service Members, Veterans and their Families

The Illinois Governor's Challenge is part of a nationwide initiative sponsored by Substance Abuse and Mental Health Services Administration (SAMHSA) and the US Department of Veterans Administration (VA). The goal is to bring State agencies, community service providers, faith-based organizations and other stakeholders together to develop and implement a state-wide suicide prevention strategic plan for the military community.

www.governorschallenge.illinois.gov

ILGC TRAINING PORTAL

Learning pathways are customized to support your individual professional development.

Options include:

Hospital Emergency Staff

Non-Emergency Medical Staff

Other Medical/Surgical Staff

Learners may obtain CEU's by completing certain modules within a learning pathway.

Most modules are less than 20 minutes and can be completed at the user's pace.

The VA's [2022 report](#) on veteran suicide indicated that in 2020, 6,146 US veterans died by suicide. On average Veterans die by suicide at a rate of 22 a day in Illinois.

Join us in our efforts to reach 70,000 learners in Illinois to prevent suicide in the military community. The Illinois Governor's Challenge has partnered with Psych Armor to provide a free online training platform to educate and inform Illinois citizens about the methods and resources available to Service Members, Veterans, and their Families, regardless of discharge status. The Illinois Governor's Challenge provides resources for active duty, reservists, national guard members and supporters.

Need help now, call 988+1, text 838255

The crisis line is free, confidential, and available 24/7. You do not need to be enrolled in VA services to use the crisis line.

HEAR THE CALL

Every day, roughly 22 Illinois Veterans die by suicide. When it comes to preventing suicide among Service Members, Veterans, and their Families, we all have a role to play.

SPREAD THE WORD

Suicide among Service Members, Veterans and their Families is tragic, frequent, and most importantly—it is preventable. When we commit to showing up, building knowledge, and reaching out with compassion, we can save lives.

INCREASE SAFETY BY ALL MEANS

Did you know that roughly 22 Illinois Veterans die by suicide every day? Firearms and medications are used in over half of suicides. Securing weapons and medications can decrease suicide rates among Service Members, Veterans, and their Families.

