

to Patient and Family Engagement

Illinois hospitals are enhancing care with patient input

2019 IHA Leadership Summit September 26–27













# Learn about the vital role of hospital leaders





## Advocate Sherman Hospital, Elgin

#### Our Approach

We're committed to transforming the patient experience by listening to our customers and engaging patients and families.

#### **Our Leadership**

By keeping patients/families at the center of everything we do, our leadership culture creates an environment for success.

Our journey began March 2010



## Our Accomplishments

Our Patient/Family Advisory Council (PFAC) has been essential in driving improvements in over 50 projects in the last few years, including:

- Patient experience simulation labs
- Radiology wayfinding
- Pre-op communication
- Discharge education
- Patient communication boards
- Sexual orientation/gender identity best practices

Our Patient/Family Partners (PFP) are instrumental members of our hospital improvement committees, including:

- Emergency Department
- Family Birthing Center
- Diabetes Advisory
- Falls Prevention
- Veterans' Appreciation
- Diversity & Inclusion

#### **Our Investment**



**Hours volunteered** 



8

Patient/Family partners

Advocate Sherman leaders support our monthly meetings.

#### **Our Results**

TOD10%

Ranking in HCAHPS RN Communication

Prior to simulation labs, our performance was below the top 25%

## AMITA Health Adventist Medical Center Bolingbrook



#### Our Approach

Our Patient and Family Advisory Council (PFAC) encourages staff to be more conscious of the needs and concerns of patients and families.

#### **Our Leadership**

Our Chief Nursing Officer was instrumental in implementing, securing funds and supporting this cultural change organization-wide.

Our journey began January 2018



## Our Accomplishments

We are in the early stages of our work in patient and family engagement. In a short time, we have:

- Established a charter, executive sponsor and PFAC leads
- Instituted interview and orientation processes
- Enlisted 2 patient and family advisors in 2018 and 7 in 2019
- Trained our PFAC members in high reliability

- Developed a PFAC reporting structure
- Improved wayfinding
- Changed cleaning practices
- Improved the culture and inpatient experience

Our PFAC of 9 dedicated community members meets monthly with hospital staff to share ideas and identify solutions.

#### **Our Investment**



\$= \$12 <

Food, lodging, tools and supplies



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**Hours/year: Time devoted** by Executive Sponsor

#### **Our Results**

**Increase in Patient Satisfaction scores** 

**Increase in Willingness** to Recommend

Increase in Responsiveness

**Grade from The Leapfrog Group** 

**Increase in Room** Cleanliness



**Met CMS Metric 4 in Patient** and Family Engagement

### **AMITA Health Alexian Brothers Medical** Center, Elk Grove Village

#### AMITA Health St. Alexius Medical Center, **Hoffman Estates**



We focus on listening and making connections with our patients to understand their care goals and deliver patient-centered care.

#### **Our Leadership**

Our leaders are supportive and encourage us to listen to our patients so we can improve safety, quality and patient experience.

Our journey began October 2015



## Our Accomplishments

Our Patient Family Advisory Council (PFAC) has guided improvements in:

- Joint Replacement Center design and opening
- Pre-op joint booklet and training
- Discharge medication information
- Fall and VTE prevention
- Central-line infection prevention
- AMITA Health Check mobile app

- Pet therapy
- Website design
- Inpatient surgical tracking board
- Preadmission checklist
- Care partner strategies
- Handwashing
- Sepsis prevention

Our 9 dedicated advisors also participated in our Kaizen process and were trained in CMS "Person and Family Engagement" metrics.

#### **Our Investment**



840

**PFAC** meetings with dinners



320

**Hours volunteered** by patient and family advisors

#### **Our Results**



**Dedicated patient** and family advisors



New ideas on process redesign



**AMITA Health** leaders



**Centers on** patient needs



**Ongoing** feedback



**Enhances community** engagement



## AMITA Health Behavioral Medicine Institute, Hoffman Estates

#### Our Approach

We work to strengthen collaboration with our patients, families and community partners to deliver safe, compassionate care.

#### **Our Leadership**

Two executive leaders are part of our PFAC and our CEO regularly attends our meetings to greet members and share hospital updates.

Our journey began November 2014



## Our Accomplishments

Our Patient Family Advisory Council (PFAC) has helped guide several initiatives, providing feedback on:

- Patient experience from lobby to assessment
- Patient materials
- Patient discharge legacy loom
- Virtual reality demonstration
- Press Ganey surveys
- New residential treatment center
- Website enhancements

- New EMR system
- Care delivery
- Mentor program
- Contraband and patient belongings process
- Outpatient orientation process
- Treatment framework

With 16 former patients and family members, our PFAC provides invaluable insight and feedback to enhance care.

#### **Our Investment**



360

**Hours volunteered** 



30 **PFAC** meetings

#### **Our Results**

TOP 25%

In Outpatient Satisfaction from Press Ganey

Former patients and family members

Leaders

Meetings per year



**Met PFE Metrics** 2,4&5

# AMITA Health Cancer Institute, Hinsdale



We strive to integrate the voices of patients and families into everyday operations by listening to our patient/family advisors.

#### **Our Leadership**

Our advisors had a successful first year, thanks to AIC leadership. Their support is key to our engagement efforts.

Our journey began October 2018



## Our Accomplishments

Our Signage Walkabout Project was designed to help our patients easily find their way around our facility. Advisors recommended new signage to enhance patient experience. This project led us to implement a new process for checking in patients.

Our Patient Handbook Quality
Study sought to include patient

input into their handbook, helping them to be:

- Better informed
- More prepared for treatment
- Equipped to better manage symptoms
- More empowered as patients
- Heard as important partners in their own care

#### **Our Investment**



Hours volunteered by community members and AIC staff

#### **Our Results**



Patient advisor elevated to council co-chair



Created more friendly environment

**/** 

Members recruited in 2019



Minimized patient stress

5

**Projects** completed



Reduced wait times



# AMITA Health Resurrection Medical Center Chicago



We partner with our patient and family advisors to increase communication, improve satisfaction and enhance quality initiatives.

#### **Our Leadership**

Hospital leaders regularly attend our Patient and Family Advisory Council meetings and feedback is shared with senior leadership.

Our journey began December 2017



## Our Accomplishments

Our Patient and Family Advisory
Council (PFAC) has developed and
executed several projects since
its inception:

- Fall risk brochures for the rehab floor
- Hand hygiene campaign
- Wayfinding signage
- Admission packets
- Training of PFAC members to support our highreliability journey

 Pre-surgical process enhancements

Our PFAC meets quarterly and is comprised of 7 dedicated members. Going forward, we plan to work on the following projects:

- Patient education brochures
- Community health projects
- Hospital-wide tours to identify improvements

#### Our Investment



community members

PFAC meetings since inception

#### **Our Results**

10f4

Illinois hospitals to achieve The Leapfrog Group's 100 top teaching hospitals in 2018

TOD50
Hospital from Healthgrades

**Grade from The Leapfrog Group** 

CMS PFE Metrics met

## Our ourself to Patient and Family Engagement

# AMITA Health Saints Mary and Elizabeth Medical Center, Chicago

#### Our Approach

We partner with our patients to best serve our community and to enhance our hospital's delivery of safe and compassionate care.

#### **Our Leadership**

Our leadership team is committed to growing our PFAC. Leaders seek guidance from our advisors and implement suggested changes.

Our journey began May 2015



## Our Accomplishments

Our Patient Family Advisory
Council (PFAC) has provided
invaluable input on several hospital
projects, including:

- Inpatient guidebook edits
- Outpatient registration redesign
- ED tour and ED triage poster
- Wayfinding updates
- Inpatient "Quick Tips" guide
- Magnet community forum
- High-reliability journey

- Cancer Center art selection
- New hire orientation video
- Celebrating Brittany's Story community recognition event
- Joint Commission readiness touring facility and staff interviews
- Surgery preparation packet review
- Inpatient room and admission review
- Press Ganey survey education

#### **Our Investment**





#### **Our Results**

8

**Community Members** 



**Ongoing feedback** 

4

**Hospital Staff Members** 

6

Meetings per year



Better wayfinding outcomes on Press Ganey surveys

## Carle Foundation Hospital, Urbana



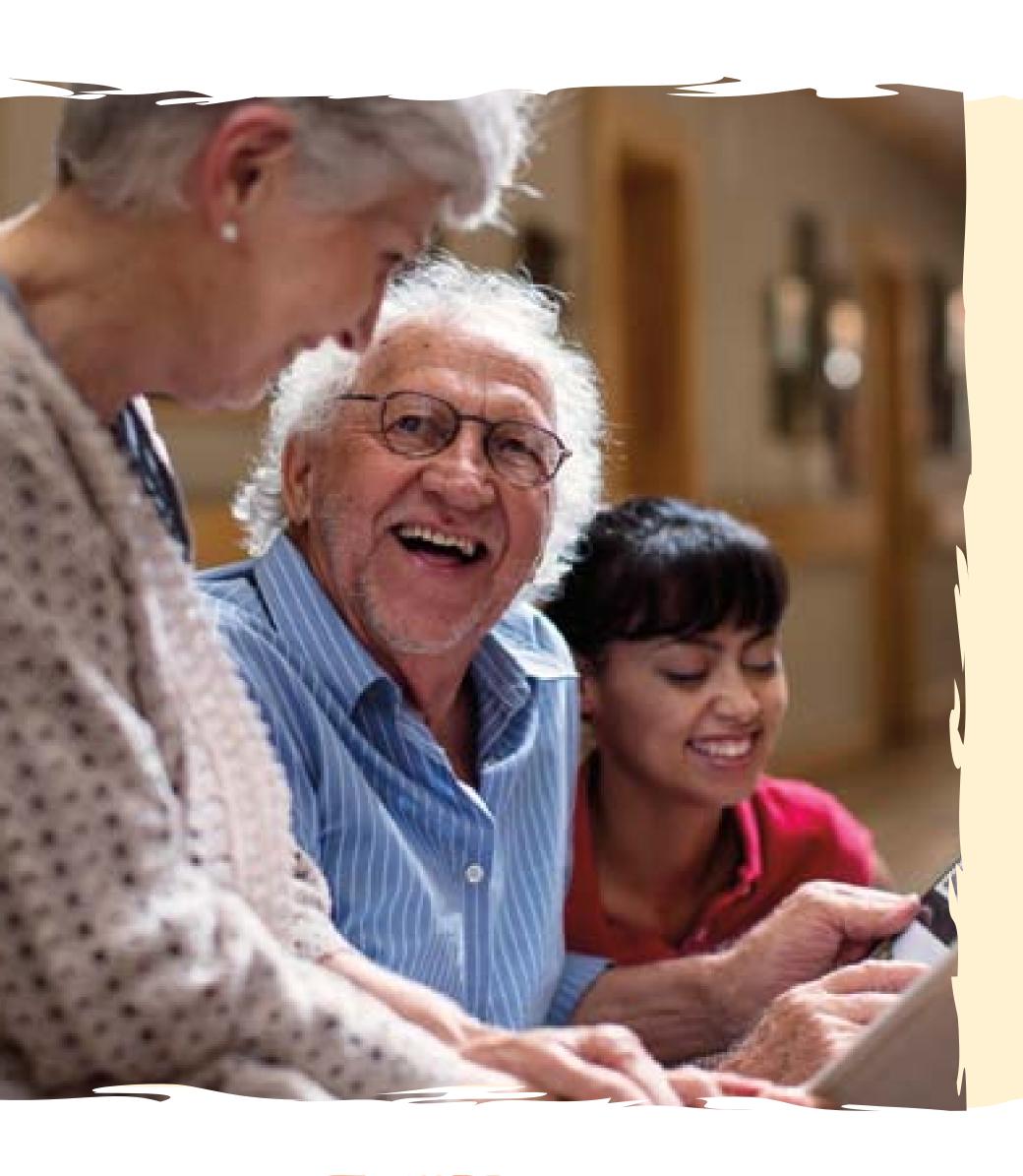
#### Our Approach

We partner with patients and their supporters to provide exceptional experience and outcomes for the communities we serve.

#### **Our Leadership**

A key to our success has been the continuous support and engagement of Carle administrative and medical leadership from the start.

Our journey began June 2016



## Our Accomplishments

Our 8 Patient and Family Advisory Councils (PFACs) have been influential throughout numerous initiatives and improvements:

- Wayfinding
- Kiosk check-in
- Advance care planning
- MyChart navigation education
- Discharge paperwork
- No-Pass Zone
- Patient education

- Patient assessment/intake revision
- Convenient care wait times
- Discharge folder development
- Patient access solutions

These remarkable community members and leaders are deeply committed to creating an environment of compassionate, patient-centered care.

#### **Our Investment**





#### **Our Results**

Community members

8 PFACs 30

Carle leaders

Mutually beneficial partnerships

32

Meetings per year



**Ongoing feedback** 

## Edward-Elmhurst Health, Naperville

#### Our Approach

We integrate the voice of our patients and families to guide our vision of a safe, seamless and personal healthcare experience.

#### **Our Leadership**

Our leaders value the input of our patients and families and have always supported efforts to foster increased engagement.

Our journey began January 2007



## Our Accomplishments

Our 3 active Patient Family Advisory Councils (PFACs) have contributed to the organization in many ways, including:

- Interviewing candidates for management positions and nurse residents
- Designing patient rooms in the new Elmhurst Hospital and refurbished units at Edward Hospital
- Choosing decor and furniture in outpatient buildings
- Designing patient discharge, bills, education and other communication materials
- Creating a new patient welcome video
- Speaking at staff retreats
- Serving on hospital committees

Planetree has recognized our PFACs for excellence.

#### **Our Investment**





#### **Our Results**

TOP
2506

HCAHPS overall rating

Community Members

Planetree Gold
Certification for
Person-Centered care

15

**Edward-Elmhurst staff** 



Safety grade from The Leapfrog Group



## Garfield Park Behavioral Hospital, Chicago

#### Our Approach

We seek to improve mental health outcomes by providing affirmative treatment and patient-centered care to at-risk populations.

#### **Our Leadership**

Our leaders believe in a collaborative approach to providing care and are strong supporters of patient and family engagement.

Our journey began July 2018



## Our Accomplishments

We developed two affirming programs—a specialized inpatient unit and service line—to address mental health issues among at-risk populations:

- Polaris Unit for LGBTQ adolescents
- Worthy Program for adolescent victims of sex trafficking

Current and former patients were part of the diverse project team

that developed the programs around patients':

- Cultural traditions
- Personal preferences and values
- Family situations
- Lifestyles

These unique programs ensure patients are an integral part of the care team, collaborating with care providers in making clinical decisions.

#### **Our Investment**





#### **Our Results**

\$201K 14.5%

**Cost savings** 

**Reduction in** readmissions in 2018



Improved patient outcomes



Increased awareness and acceptance



**Increased patient** satisfaction

## HSHS Good Shepherd Hospital, Shelbyville

#### Our Approach

HSHS Good Shepherd is committed to creating the best place for patients and their families to receive care.

#### Our Leadership

Our leaders partner with patients and their families to provide an optimal patient experience. They regularly attend PFAC meetings.

Our journey began May 2018



## Our Accomplishments

Our Patient and Family
Advisory Council (PFAC) meets
quarterly. Since inception, our
PFAC has helped guide the
following projects:

- Opening a walk-in clinic as part of Good Shepherd Family Health, a rural health clinic
- Collaborating on the design of patient communication boards in the Medical/Surgical unit and in the Emergency Department

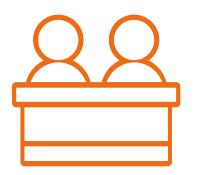
- Expanding the hours of our walk-in clinic
- Providing feedback on upcoming marketing campaigns

Five dedicated community members contribute their time, input and feedback to enhance care and the patient experience.

#### **Our Investment**



**Community members** 



**Staff member** 

#### **Our Results**

99th

Percentile
AHRQ Culture of
Safety survey

1.5K

Patient rounds completed by leadership

90th

Percentile in Colleague Engagement from Press Ganey 1.1k

Rounds by leadership on staff

90th

Percentile in Physician Engagement from Press Ganey



# HSHS St. Anthony's Memorial Hospital, Effingham

#### Our Approach

HSHS St. Anthony's is committed to creating the best place for patients and their families to receive care.

#### Our Leadership

Our leaders regularly participate in project meetings to hear the patient voice first-hand. Their support has been instrumental.

Our journey began February 2019



## Our Accomplishments

Our Patient and Family Advisory Council (PFAC) launched a hand hygiene compliance initiative as our first project. As part of this initiative, our PFAC added the perspective of patients and families, resulting in the:

- Installment of electronic hand hygiene monitoring
- Utilization of Press Ganey hand hygiene performance

 Activation of the "Hold Us Accountable – Clean Hands Count" campaign

In addition, our PFAC has helped enhance wayfinding and improve pre-surgical packets.

With 15 dedicated community members, our PFAC meets 4 times a year to ensure decisions that impact patient care include the input of patients and families.

#### **Our Investment**

\$40k<br/>HSHS quality grant

Hours/month for review of patient cards

#### **Our Results**

Hand hygiene compliance



**Enhanced** wayfinding



Improved presurgical packets



Addresses community concerns



Improves patient safety and quality of care



## HSHS St. Elizabeth's Hospital, O'Fallon

#### Our Approach

Using a patient-centered approach, we incorporate patient and family best practices to improve outcomes and increase communication.

#### **Our Leadership**

Our leadership supports patient engagement. They regularly participate in project meetings to hear the patient voice first-hand.

Our journey began February 2018



## Our Accomplishments

We incorporate patient engagement best practices into a variety of quality and patient experience projects, including:

- Whiteboard communications
- Care Connections—sitting with patients at eye level and getting to know them
- "I Promise" training for all nursing staff

 Interdisciplinary rounds with patient-focused discharge plans

Our Patient Engagement team has 7 staff members who work diligently to enhance patient care. We utilized a patient-centered approach to decrease length of stay and promote early discharge.

#### **Our Investment**



**Hours of training** for all new hires



(5) 52

**Hours of staff time** 

#### **Our Results**

78th

**Percentile HCAHPS score**—an improvement from the 50th percentile

Whiteboard engagement compliance

from 34%

**Patients discharged** by 2 pm—an increase

**Care Connections** compliance

Days—average length of stay, down from 4.2 days



## HSHS St. Francis Hospital, Litchfield



HSHS St. Francis is committed to creating the best place for patients and their families to receive care.



Our leaders partner with patients and their families to provide an optimal patient experience. They regularly attend PFAC meetings.

Our journey began November 2017



## Our Accomplishments

Our Patient and Family Advisory Council (PFAC) has helped guide several projects, including:

- The design of patient communication boards in all inpatient rooms and in the Emergency Department
- Feedback and input on HSHS St. Francis marketing campaigns

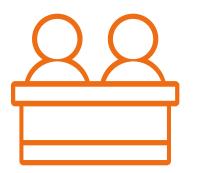
 Input on the remodeling of the Medical/ Surgical unit and the Emergency Department

A core group of 13 community members devote their time to our PFAC to share ideas on how the ministry can better provide services to patients and families. To date, our PFAC has met 10 times.

#### **Our Investment**



Hours volunteered by community members



500 Hours devoted by staff

#### **Our Results**

TOP
1206
HCAHPS ranking

87%

Of patients report being rounded on by leadership

Post-discharge phone calls

5K

Patient rounds completed by leadership



5-Star HCAHPS rating from CMS



## HSHS St. John's Hospital, Springfield



HSHS St. John's is committed to creating the best place for patients and their families to receive care.

#### **Our Leadership**

Our leaders partner with patients and their families to provide an optimal patient experience. They regularly attend PFAC meetings.

Our journey began June 2018



## Our Accomplishments

Our Patient and Family
Advisory Council (PFAC) meets
quarterly. Since it formed, our
PFAC has helped guide several
projects, including:

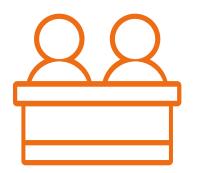
- Collaborating on the design of patient communication boards in adult inpatient areas, OB, pediatrics and the ED
- Creating a "joy cart" with games and activities for patients and families
- Providing feedback on Patient Guide booklets with the information needed during patients' stay
- Providing feedback on supplies patients receive upon admission

Our PFAC works to enhance care and advocate for patient-centered care across our ministry.

#### **Our Investment**



**Community members** 



**Staff members** 

#### **Our Results**

83rd

Percentile
AHRQ Culture of
Safety survey

33K

Patient rounds completed by leadership

Grade in Safety from The Leapfrog Group

33

Leaders rounding on patients in 11 units

**7**K

Post-discharge calls



## HSHS St. Joseph's Hospital, Highland

#### Our Approach

We provide a collaborative partnership with the community to promote the delivery of patient- and family-centered healthcare.

#### **Our Leadership**

With their constant support, leaders at SJH have been instrumental in guiding this initiative from development to sustainment.

Our journey began June 2018



## Our Accomplishments

In just one year, our Patient and Family Engagement Council (PFEC) has been integral to leading change across three ministries:

St. Joseph's Hospital in Highland, St. Joseph's Hospital in Breese and Holy Family Hospital in Greenville.

The council has given great feedback resulting in many positive modifications and new processes to improve the patient and family experience. Our accomplishments include:

- Discharge folders
- Bathroom fixtures
- Signage modifications
- Staff recognition
- Lounge furniture
- Garden layout

Our committed PFEC members meet 6 times a year.

#### **Our Investment**



**Committee members** 



Meetings & 6 Meals to date

#### **Our Results**



5-Star CMS Rating



5-Star Rating for Patient Experience



HCAHPS Top Performer



Ongoing feedback



**Community** relationship building



## HSHS St. Mary's Hospital, Decatur



HSHS St. Mary's is committed to creating the best place for patients and their families to receive care.

#### **Our Leadership**

Our leaders partner with patients and their families to provide an optimal patient experience. They regularly attend PFAC meetings.

Our journey began May 2018



## Our Accomplishments

Our Patient Family Advisory Council (PFAC) meets 6 times a year to provide ongoing input into care delivery and patient experience.

Our dedicated group of patient advisors has helped guide the following projects:

- Adding charging stations in waiting areas
- Providing patient activity books and writing utensils at every nursing station

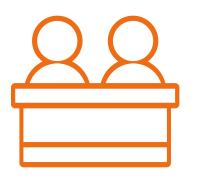
- Standardizing postdischarge calls
- Designing patient communication boards in the newly renovated ICU
- Providing feedback on Patient Guide booklets with the information needed during patients' stay
- Improving appointment scheduling at clinics

#### Our Investment



13

**Community members** 



**Staff members** 

#### **Our Results**

85 rd

**Percentile**Culture of Safety rating

from Press Ganey

**Grade in Safety from The Leapfrog Group** 

200

Post-discharge calls monthly

**Hours volunteered** 

Patient rounds completed by leadership

## Memorial Medical Center, Springfield

#### Our Approach

We utilize the voice of our patients to improve the activities, initiatives and outcomes for the communities we serve.

#### **Our Leadership**

From implementation to bimonthly meetings, leadership at Memorial has been supportive every step of the way.

Our journey began August 2016



## Our Accomplishments

Our Patient Experience
Advisory Committee (PEAC)
has been instrumental in guiding
improvements in several areas:

- Opioids and pain management
- Pain medications
- Pain management
- Central-line infection prevention
- Fall prevention
- Self-scheduling app
- Pre-op materials



- Discharge paperwork
- Discharge lounge
- Brochure messaging
- Care notes

This dedicated group of
10 community members and
10 Memorial leaders meets
6 times a year to provide ongoing
feedback to enhance care and
communication.

#### **Our Investment**



Hours volunteered by community members



#### **Our Results**

511

Savings

Based on feedback, we are not moving forward on a discharge lounge.

**Community** members

**Memorial leaders** 

6

Meetings per year



Ongoing feedback



Meeting patient & family needs

## Northwest Community Healthcare, Arlington Heights



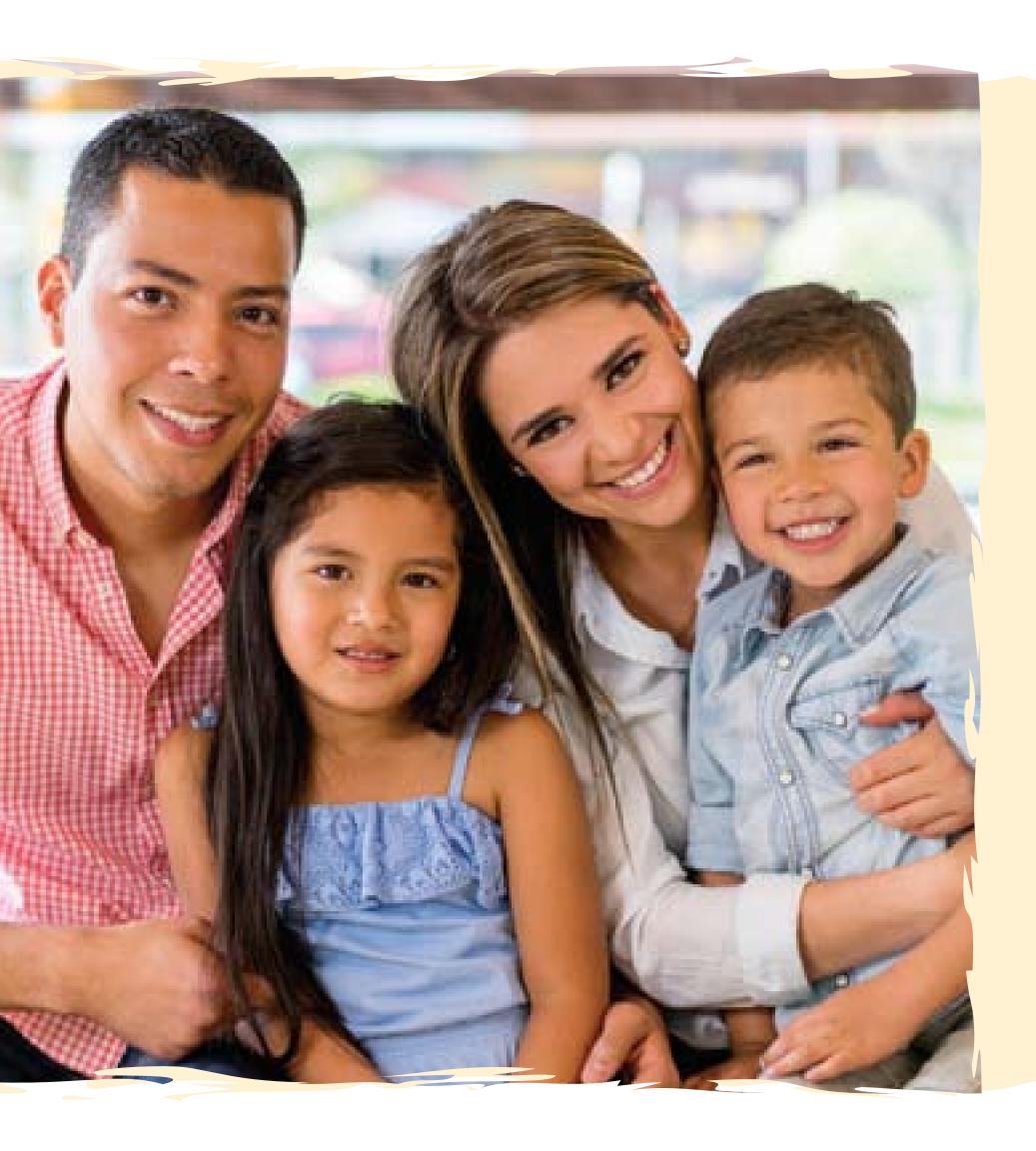
#### Our Approach

We engage and empower our patients to ensure service excellence focusing on quality, safety, experience and value.

#### **Our Leadership**

Our senior leadership values and supports our PFAC. They participate in meetings and appreciate the members' contributions.

Our journey began January 2016



## Our Accomplishments

Our Patient and Family Advisory Council (PFAC) has provided feedback and ideas in many areas of our organization, including:

- Patient Family Guide
- Community Resource Guide
- Enhanced patient billing
- MyChart improvements
- NCH Cares—values and standards

- Website navigation—find a physician
- Wayfinding and signage
- "Always Clean and Safe" campaign
- Medical group scripting— Medicare wellness visit vs. physicals
- Infection prevention—hand washing campaign
- Patient menu redesign

#### **Our Investment**





#### **Our Results**

Community members

54 Meetings

to date

Mee

Meetings per year

## Northwestern Medicine Central DuPage Hospital, Winfield

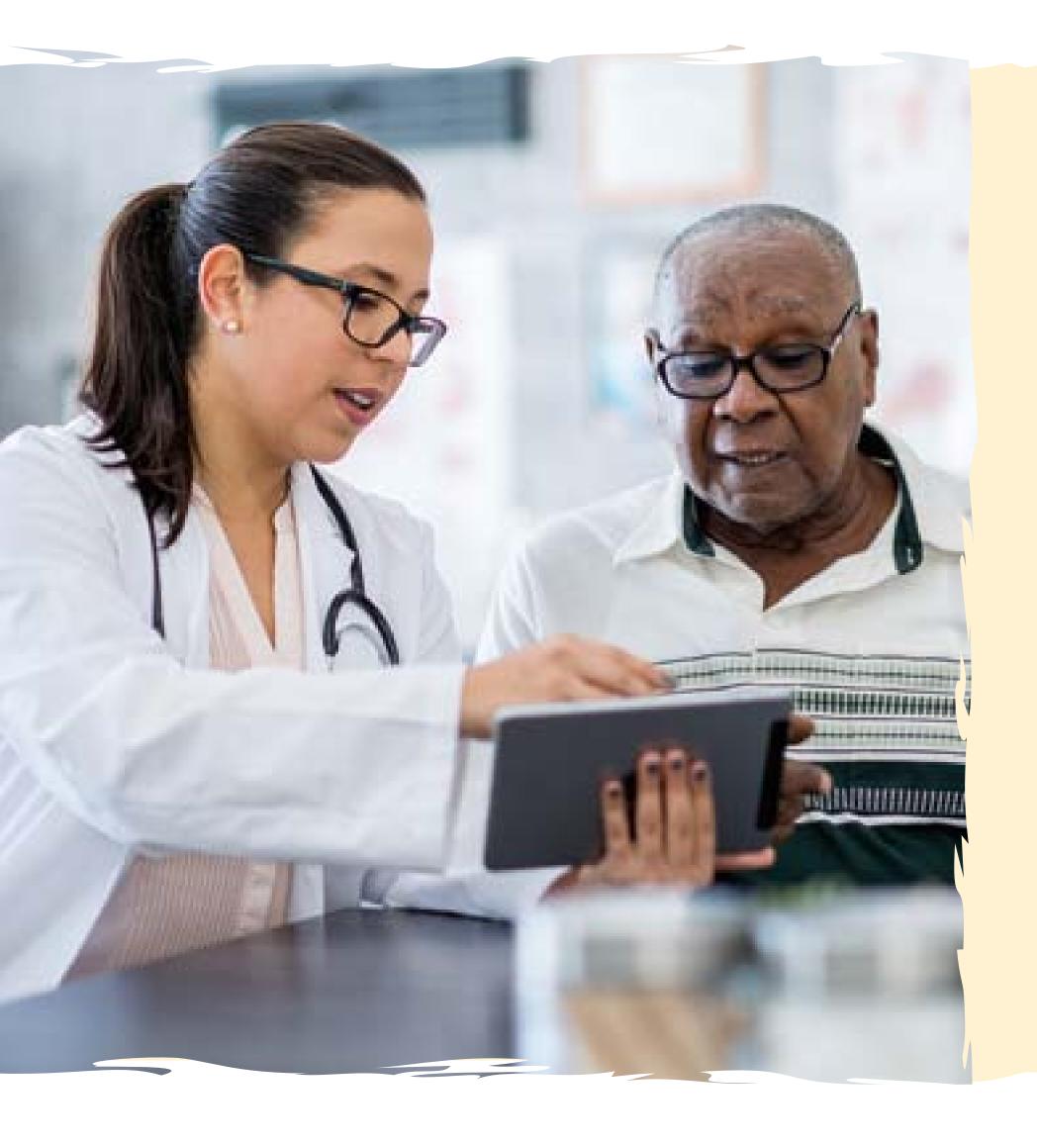
#### Our Approach

Our patient advisors help plan and evaluate hospital services, improve quality and safety, and advance patient-centered care.

#### **Our Leadership**

Our leaders embraced the idea of establishing a PFAC. They participate in meetings and support advancing PFAC recommendations.

Our journey began June 2017



## Our Accomplishments

Our Patient Family Advisory
Council (PFAC) has provided
invaluable feedback on a number
of topics, including:

- Goals of care and conversations
- Patient social and demographic data collection
- After-visit summary document given to patients at discharge
- MyChart bedside—trial of app that provides partial EMR access for inpatients

- ED brochure
- Wayfinding
- Letter, signage, etc. on disruptive patients and families
- Apparel program standardizing uniform colors by role
- MyNM mobile app

With meetings every other month, our PFAC is an engaged and determined group working to enhance care.

#### **Our Investment**



**Meetings per year** 



Dinners provided for 12 community members 6 hospital leaders

#### **Our Results**



Changed names of an entrance and adult bed tower



**Enhanced awareness of the patient perspective** 



**Updated signage to enhance wayfinding** 



Developed stronger partnerships with patients



## SIU Medicine, Springfield

#### Our Approach

We created a strong partnership of organizational leadership and patients to improve patient-centered care and initiatives.

#### **Our Leadership**

Our leaders have been incredibly supportive of patient experience and are a true asset to our delivery of patient-centered care.

Our journey began May 2018



## Our Accomplishments

Our Patient Experience Committee consists of physicians, providers, departmental leadership and patients who have received care from several medical specialties.

Their collaborative efforts have resulted in improvements in various areas, including:

- Patient documentation
- Access to care
- Scheduling initiatives, for example, post-hospital care

In the coming year, our goal is to expand the Patient Experience Committee. We are recruiting more patients to increase patient involvement.

Our #1 goal is patient-centered care so hearing from our patients is a top priority.

#### **Our Investment**



30

**Hours volunteered** by patients



8 160 **Hours contributed** by staff

#### **Our Results**



Increased access to care



**Improved** communication



**Enhanced patient** education



Improved the patient, employee and provider experience



## Southern Illinois Healthcare, Carbondale

#### Our Approach

Our Patient Family Advisory Council (PFAC) serves as a patient voice by making recommendations that address patient needs and priorities.

#### **Our Leadership**

Our leadership is highly engaged in obtaining the patient voice at Board meetings, Kaizen events and environment of care rounds.

Our journey began May 2018



## Our Accomplishments

Our PFAC has integrated the patient, family and caregiver perspective into the following aspects of Southern Illinois Healthcare's delivery of care:

- Kaizen participation
- After-visit summary
- Top 10 patient wish list
- Environment of care rounds
- Re-branding design
- Environmental services signage



- COPD education materials
- Standardized uniforms
- Grateful patient program
- Joint camp designation
- Quality and patient safety focus

With 7 dedicated community members, our PFAC meets 12 times a year for ongoing dialogue and improvement.

#### **Our Investment**





#### **Our Results**

Community members



**SIH leaders** 



**Ongoing** feedback

Meetings per year



**Meeting patient** & family needs

# SwedishAmerican Health System, Rockford



#### Our Approach

We provide a forum for patients and families to participate in decision making, information sharing and policy/program development.

#### **Our Leadership**

Since we started our Patient Family Advisory Council (PFAC), leadership has been supportive, accessible and present to our PFAC members.

Our journey began January 2015



## Our Accomplishments

Our PFAC has provided guidance on a number of topics, including:

- Discharge packets
- Patient Family handbook
- Sepsis education
- EMR conversion
- MyChart adoption
- Opioid education for patients and providers
- Billing experiences
- Cancer survivorship

Our diverse Council consists of community members and SwedishAmerican employees who meet 10 times per year to provide their insight and recommendations for improving quality, service, safety, access, education, and patient/family satisfaction and loyalty.

#### **Our Investment**





#### **Our Results**

Community members

Ongoing feedback

5

**Employees** 

2

Support staff members



Patient-centered culture

