Leadership Series: Bite-Size Coping During Times of Uncertainty | June 25

Date: June 25, 2020  Time: 12:00 PM

Location:
Webinar - noon to 1 pm

Registration:

“Bite-Size Coping During Times of Uncertainty” is the first of six complimentary webinars in IHA’s virtual speaker series from June through September. You may register for individual session(s) or the entire series. Registration includes program material, one phone/Internet connection and access to the session recording(s).

One in three healthcare workers reports burnout or emotional exhaustion on an average day. Then came COVID-19. If you, your staff or your colleagues are feeling particularly drained, this enlightening and entertaining webinar offers light at the end of the tunnel. You’ll learn simple strategies to manage burnout and reclaim joy at work.

WHO SHOULD ATTEND

This virtual speaker series is designed especially for hospital and health system leadership teams, including:

- CEOs
- CFOs
- COOs
- CMOs
- CNOs
- Chief human resource officers
- Chief strategy officers
- Chief quality officers
- Clinical leaders
- Department leaders

SPEAKERS

John Bryan Sexton, PhD, Associate Professor in Psychiatry and Behavioral Sciences and Director, Duke Center for
Healthcare Safety and Quality, Duke University

With more than a decade of experience in psychiatry and behavioral sciences, Sexton directs the Duke Center for Healthcare Safety and Quality. An expert in psychological and professional burnout and resilience, Sexton has authored several publications, including “Safety climate, safety climate strength, and length of stay in the NICU” and “Work-life balance behaviours cluster in work settings and relate to burnout and safety culture: a cross-sectional survey analysis.”

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